

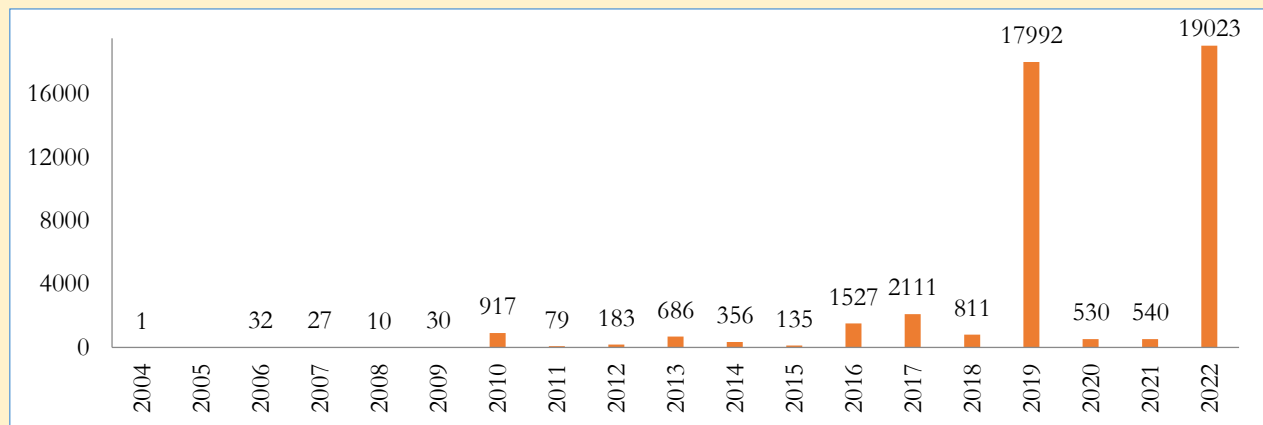


Situation update of Dengue 2022 (As of 20th Sept,2022)

Dengue is a viral infection transmitted to humans through the bite of infected *Aedes* mosquitoes. Dengue is widespread throughout the tropics, with local variations in risk influenced by climate parameters as well as social and environmental factors. Dengue is caused by a virus of the Flaviviridae family and there are four distinct, but closely related, serotypes of the virus that cause dengue (DENV-1, DENV-2, DENV-3 and DENV-4). Recovery from infection is believed to provide lifelong immunity against that serotype. However, cross-immunity to the other serotypes after recovery is only partial, and temporary. Subsequent infections (secondary infection) by other serotypes increase the risk of developing severe dengue (WHO, 2022).

In Nepal, dengue is a rapidly emerging disease. Endemic across most provinces, dengue incidence has increased in recent years largely due to expansion of the vector *Aedes aegypti* and *Aedes albopictus*, as well as the movement of people and the introduction of imported cases. All 4 dengue serotypes exist in Nepal, with DENV-1 and 2 historically contributing the highest burden (EDCD, 2019).

Figure 1: Trend of dengue cases in Nepal (2004-2022) (Source: EDCD)



The first case of dengue in Nepal was reported in 2004. Since, then dengue cases have been gradually reported in Nepal (**Figure 1**). In 2019, there was an outbreak in Nepal with a total of 17,992 reported dengue cases from 68 districts: comprising all seven Provinces. The major outbreaks were in Sunsari District comprised (3431) followed by Chitwan (3402), Kaski (2824), Kathmandu (1589), Lalitpur (596) and Jhapa (525). There were six death case reported from five districts of Nepal (2 deaths in Chitwan, and one each death in Sunsari, Sindhupalanchok, Kathmandu and Doti) in the 2019.



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As of 20th September 2022, a total of **19023 dengue** cases have been identified, with Bagmati province reporting highest number followed by Lumbini province. As seen in the **Table 1**, the increment in cases aligns with the rainy season with cases peaking in each province. The majority of cases (**18858, 99 %**) have been reported during the same time period (**June to Sept**). In case of Nepal, there is a dengue outbreak, usually in an interval of 2-3 years, and the same data trend is being observed in this year as of now.

Table 1: Number of Dengue cases by Provinces (2022, EWARS and district line list)

Dengue Cases As of 20 Sept 2022										
	Jan	Feb	Mar	Apr	May	Jun	July	Aug	Sep	Total
Province 1	2	0	1	2	3	18	47	136	370	579
Madhesh Province	1	0	1	0	5	5	4	51	227	294
Bagmati Province	0	1	1	1	1	38	427	2899	10785	14153
Gandaki Province	0	0	0	3	1	3	28	56	359	450
Lumbini Province	2	2	11	8	9	19	192	496	1944	2683
Karnali Province	1	0	0	3	2	2	9	13	178	208
Sudhur Paschim	5	0	1	1	4	8	13	57	567	656
Total	11	3	15	18	25	93	720	3708	14430	19023

The top 10 districts have reported the highest number of cases (**15980, 84%**), with sporadic cases reported from other districts, as highlighted in Table 3. Out of the top 10 districts reporting dengue cases, the highest numbers of cases are being reported from Kathmandu (5131), Lalitpur (5104), Makwanpur (1829), Dang (1180), Bhaktapur (713), Rupandehi (679) as shown in Table 2. **Till date, 24 deaths due to dengue are verified.**

Table 2: Top 10 districts reporting dengue cases by months (2022, EWARS and District line list)

Summary Of Dengue Reported Cases Based On EWARS Reporting											
01 Jan - 20 Sept 2022											
Province	Districts	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sept	Grand Total
3	306 KATHMANDU	0	0	0	0	1	1	35	727	4367	5131
3	308 LALITPUR	0	0	0	0	0	1	99	1558	3446	5104
3	312 MAKWANPUR	0	0	0	0	0	0	221	337	1271	1829
5	510 DANG	0	0	0	0	1	1	5	19	1154	1180
3	307 BHAKTAPUR	0	0	0	0	0	0	6	86	621	713
5	508 RUPANDEHI	1	0	2	1	0	7	109	315	244	679
3	313 CHITAWAN	0	0	0	0	0	3	4	24	420	451
3	304 DHADING	0	0	0	0	0	32	24	54	289	399
5	504 GULMI	0	0	0	0	2	3	17	33	237	292
7	708 KAILALI	2	0	1	1	0	0	3	13	182	202
Total		3	0	3	2	4	48	523	3166	12231	15980



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Intervention conducted in response to dengue

- ✓ EDCD conducted a virtual interaction meeting with provinces, districts and local levels to discuss on the current situation, responses from districts and local level and possible coordinated efforts to curve the increasing cases of dengue.
- ✓ For the response of dengue, EDCD has allocated budget for 139 palikas, 60 districts and all 7 provinces for 'search and destroy' to control the dengue. Moreover, EDCD has allocated budget to conduct stakeholders meeting for advocacy on dengue prevention during the peak month on same palika, districts and provinces.
- ✓ EDCD conducted a stakeholder meeting with hotel association of Nepal as well as school association as a preparation of outbreak especially in schools and hotels.
- ✓ EDCD has developed the dengue prevention and control flyer in coordination with NHEICC.
- ✓ Some provinces and districts are conducting the advocacy/public message through social media for dengue control and prevention among general public.
- ✓ EDCD is coordinating with districts as well as provinces who are reporting higher number of cases for the control of dengue. However, the penetration at local level needs improvement for control of dengue in Nepal
- ✓ EDCD is providing dengue test diagnostic kits to provinces and districts as per their request and availability in EDCD store.
- ✓ In last week of August, District health office, Lalitpur and Kathmandu started mass dengue search and destroy campaign as well as awareness activities in close collaboration with the metropolitan city/wards.
- ✓ In last week of August, the Kathmandu Metropolitan city conducted the ward levels meeting (1-32 wards) with health worker and stakeholders at district coordination office, Babarmahal, Kathmandu.
- ✓ Regular update and sharing of the information regarding current cases and deaths due to dengue with all officials (MoHP, DoHS, province, districts and palikas)
- ✓ EDCD is in regular consultation with technical experts for dengue response (prevention efforts, vector surveillance, and advocacy) to curtail the surge of disease.
- ✓ A joint meeting among MoHP, EDCD and hub hospitals was conducted to share the situation update, ongoing intervention and outbreak preparedness.
- ✓ EDCD conducted an interaction meeting with elected officials of Kathmandu districts, health coordinators, with focus on sensitizing on dengue prevention and control efforts in Kathmandu districts.
- ✓ EDCD conducted technical orientation program with physicians/Medical officers all over the country to sensitize physicians on proper case management of dengue, referral and support in surveillance system. Over 105 doctors joined virtually from all over the country and 40 doctors joined physically in the program.
- ✓ **Today**, EDCD conducted technical orientation program with physicians/Medical officers all over the country to sensitize physicians on proper case management of dengue, referral and support in surveillance system. Over 120 doctors joined virtually from all over the country and 25 doctors joined physically in the program.
- ✓ Vector surveillance activity has started at Lalitpur from 13 Sept, 2022 with several wards.



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5	504 GULMI	0	0	0	0	2	3	17	33	237	292
7	708 KAILALI	2	0	1	1	0	0	3	13	182	202
7	703 DARCHULA	0	0	0	0	0	2	0	10	180	192
3	309 KAVREPALANCHOK	0	0	0	0	0	0	5	29	125	159
5	505 ARGHAKHANCHI	0	0	0	1	0	1	13	36	87	138
1	108 TERHATHUM	0	0	0	0	0	0	0	88	37	125
6	610 SURKHET	0	0	0	3	2	0	0	1	106	112
1	102 SANKHUWASABHA	0	0	0	1	0	11	30	15	46	103
5	506 PALPA	0	1	1	2	0	3	12	26	52	97
3	311 SINDHULI	0	0	0	0	0	1	27	38	29	95
7	709 KANCHANPUR	2	0	0	0	2	4	3	14	67	92
5	512 BARDIYA	0	0	7	4	6	0	4	6	59	86
3	305 NUWAKOT	0	0	0	0	0	0	2	12	69	83
3	310 RAMECHHAP	0	1	1	1	0	0	4	17	50	74
2	205 SARLAHI	0	0	0	0	2	1	1	19	47	70
1	112 MORANG	1	0	0	1	0	3	2	3	58	68
4	409 SYANGJA	0	0	0	0	0	0	1	5	60	66
3	302 SINDHUPALCHOK	0	0	0	0	0	0	0	7	55	62
5	507 NAWALPARASI WEST	0	0	0	0	0	1	16	23	20	60
4	401 GORKHA	0	0	0	0	0	1	2	9	47	59
2	206 RAUTAHAT	0	0	0	0	1	0	2	5	48	56
4	405 KASKI	0	0	0	1	0	0	3	6	43	53
3	301 DOLAKHA	0	0	0	0	0	0	0	10	41	51
1	113 SUNSARI	0	0	0	0	0	0	2	4	44	50
2	207 BARA	1	0	0	0	2	0	0	9	38	50
4	410 PARBAT	0	0	0	0	1	0	3	3	42	49
5	509 KAPILBASTU	0	0	1	0	0	2	6	21	19	49
4	407 TANAHU	0	0	0	0	0	0	2	1	44	47
4	404 MYAGDI	0	0	0	1	0	0	1	1	43	46
4	408 NAWALPARASI EAST	0	0	0	0	0	0	2	12	31	45
4	411 BAGLUNG	0	0	0	0	0	0	6	12	26	44
5	511 BANKE	0	1	0	0	0	0	2	6	35	44
7	706 DOTI	0	0	0	0	0	0	1	1	42	44
1	105 KHOTANG	0	0	0	0	1	0	0	2	40	43
1	111 JHAPA	1	0	1	0	1	1	2	5	31	42



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4	406 LAMJUNG	0	0	0	1	0	2	8	6	21	38
5	503 PYUTHAN	1	0	0	0	0	1	6	6	22	36
7	704 BAITADI	0	0	0	0	0	0	3	4	29	36
1	104 OKHALDHUNGA	0	0	0	0	0	1	3	4	27	35
2	208 PARSA	0	0	0	0	0	3	1	3	27	34
1	106 BHOJPUR	0	0	0	0	0	2	7	3	21	33
7	705 DADEL DHURA	0	0	0	0	0	1	1	5	23	30
2	204 MAHOTTARI	0	0	0	0	0	0	0	5	23	28
1	107 DHANKUTA	0	0	0	0	0	0	0	4	22	26
7	707 ACHHAM	0	0	0	0	1	1	1	1	20	24
2	202 SIRAHA	0	0	0	0	0	1	0	5	17	23
6	604 JUMLA	1	0	0	0	0	0	6	6	9	22
7	702 BAJHANG	1	0	0	0	0	0	0	4	17	22
6	609 SALYAN	0	0	0	0	0	0	1	0	19	20
1	114 UDAYAPUR	0	0	0	0	0	0	0	3	16	19
2	201 SAPTARI	0	0	0	0	0	0	0	3	16	19
6	608 RUKUM WEST	0	0	0	0	0	0	1	3	13	17
5	501 RUKUM EAST	0	0	0	0	0	0	2	3	11	16
6	605 KALIKOT	0	0	0	0	0	1	0	0	14	15
2	203 DHANUSA	0	0	1	0	0	0	0	2	11	14
7	701 BAJURA	0	0	0	0	1	0	1	5	7	14
1	110 ILAM	0	0	0	0	1	0	1	2	7	11
6	606 DAILEKH	0	0	0	0	0	0	1	1	9	11
1	103 SOLUKHUMBU	0	0	0	0	0	0	0	2	8	10
1	109 PANCHTHAR	0	0	0	0	0	0	0	1	8	9
6	602 MUGU	0	0	0	0	0	0	0	1	6	7
5	502 ROLPA	0	0	0	0	0	0	0	2	4	6
1	101 TAPLEJUNG	0	0	0	0	0	0	0	0	5	5
4	402 MANANG	0	0	0	0	0	0	0	1	2	3
6	607 JAJARKOT	0	0	0	0	0	1	0	0	2	3
3	303 RASUWA	0	0	0	0	0	0	0	0	2	2
6	601 DOLPA	0	0	0	0	0	0	0	1	0	1
	Grand Total	11	3	15	18	25	93	720	3708	14430	19023